



Brain Tumour Australia Information

© FACT SHEET 62

For Carers- Help, Care & Support

Carers- Care & Support

Services

[Carers Australia - Respite options](#) (National)

<http://www.agedcareaustralia.gov.au/internet/agedcare/publishing.nsf/content/NRCP-1>

Commonwealth Carer Resource Centres

<http://www.health.gov.au/internet/main/publishing.nsf/Content/ageing-carers-crsourc.htm>

Commonwealth Carer Respite Centres

1800 059 059

<http://www.health.gov.au/internet/main/publishing.nsf/Content/ageing-carers-respcent.htm>

Carers Australia

1800 242 636

<http://www.carersaustralia.com.au>

Commonwealth Carelink Centres

Freecall 1800 052 222 for Commonwealth Carer Respite and Carelink services

Aged care on Line

Search by state and by service provider, including Home Care Services, accommodation (hostels & nursing homes) <http://www.agedcareonline.com.au/>

[National Look Good Feel Better](#) - a free community service program dedicated to helping women undergoing treatment for cancer, to help manage the appearance related side effects of chemotherapy and radiotherapy. <http://www.lgfb.org.au/>

Nursing Services

State/region specific nursing services— Ask your GP for a referral

Aged and Community Care Information Line

1800 500 853

National Dementia Behaviour Advisory Service

1300 366 448

<http://www.nican.com.au/service/national-dementia-behaviour-advisory-service>

Dementia Helpline

1800 639 331

National Continence Helpline

1800 330 066

Care & Support

Palliative Care - Adults

- Palliative care, also called comfort care, is primarily directed at providing relief to a serious or life-threatening disease through symptom management and control
- The goal is not to cure, but to provide comfort and maintain the highest possible quality of life for as long as life remains.
- Well-rounded palliative care programs also address psychosocial and spiritual needs.
- The focus is not on death, but on compassionate specialized care for the living.
- Palliative care is well-suited to an interdisciplinary team model that provides support for the whole person and those who are sharing the person's journey in love.
- Palliative care may be delivered in hospice and home care settings or in hospitals.

<http://www.pallcare.org.au/>